

Breakfast 8.30 – 8.50am

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| Toast with Butter & Vegemite | 0.50 |
| Bacon & Egg Muffin or Sausage & Egg Muffin | 4.00 |
| Ham & Cheese Toastie | 4.00 |
| Spaghetti & Cheese Jaffle | 3.50 |
| Hash Brown | 1.00 |
| Greek Yogurt with Raspberry or Mango | 2.50 |
| Muesli | 1.00 |
| Hot Chocolate/Coffee | 2.50/3.50 |

Breakfast Combo \$6.50
 Bacon & Egg Muffin OR Sausage & Egg Muffin,
 1 Hash Brown and a Hot Chocolate OR
 A small Flavoured Milk

Morning Tea 10.15 – 10.45am

Lunch 1.05 – 1.50pm

Sandwiches, Wraps

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| Salad Sandwich | 5.00 |
| Chicken, Salad & Mayo Sandwich | 5.00 |
| Ham, Salad & Mayo Sandwich | 5.00 |
| Roast Beef, Cheese & Pickle Sandwich | 5.00 |
| Egg & Lettuce Sandwich | 4.00 |
| Chicken Caesar Wrap ½ /Full | 4.00/7.00 |
| Full Salad Wrap ½ /Full | 4.00/7.00 |
| Ham Salad Wrap ½ /Full | 4.00/7.00 |

Salad's & Sushi

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| Chicken Caesar Salad Bowl/with Egg | 6.00/6.50 |
| Greek Salad Bowl | 6.00 |
| Sushi Roll with Soy | 3.00 |
| Rice Paper Roll | 3.50 |
| Vegetarian Nigiri | 3.50 |
| Karaage Chicken | 3.00 |
| Karaage Chicken Salad Bowl with Mayo | 4.00 |
| Sushi Mayo | 0.30 |
| Boiled Egg | 1.00 |

Snacks

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| Watermelon Cup | 2.00 |
| Chocolate Coconut Brownie | 1.00 |
| Chocolate Chip Cookies (2) | 1.50 |
| Chocolate Loaf/Banana Bread (G/F) | 3.50 |
| Protein Super Slice (G/F) (V) | 3.50 |
| Norco Cheese & Crackers | 1.50 |
| Harvest Pea Snacks (Salted & Salt & Vinegar) | 1.00 |
| Infuzion Veggie Straws, Popcorn (G/F) | 1.00 |
| Piranha Snaps (G/F) (Salsa & BBQ) | 1.50 |
| Piranha Crackers (G/F) (BBQ Cheese & Salt & Vinegar) | 1.50 |
| Snack Pack (Cheese, Crackers, Hommus/Dip) | 3.50 |
| Noodle Cup (Beef/Chicken) | 2.50 |
| Slushy | 2.00 |

Hot Food

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| Cheese Toastie | 3.00 |
| Ham & Cheese Toastie | 4.00 |
| Ham, Cheese & Tomato Toastie | 4.50 |
| Chicken, Cheese & BBQ Sauce Toastie | 4.00 |
| Chicken Burger | 5.50 |
| Hamburger | 6.00 |
| Sweet Chilli Twister | 6.00 |
| Chicken, Cheese & BBQ Sauce Toasted Wrap | 4.00 |
| Triangle (Chicken Chip Wrap) | 4.00 |
| Garlic Bread | 2.00 |
| Meatball Sub | 5.00 |
| BBQ Pork Riblet Sub | 6.00 |
| Traveller Pie | 4.00 |
| Cheese Pizza | 3.00 |
| Pizza (Meatlovers, Cheese & Bacon, Ham & Pineapple) | 4.00 |
| Butter Chicken & Rice Sml/Lrg | 3.00/6.00 |
| Pasta Bolognaise Sml/Lrg | 3.00/6.00 |
| Chicken Teriyaki & Rice Don | 4.00 |
| Lasagne (G/F) Pre-Order Only | 5.00 |
| Vegie Burger Pre-Order Only | 5.50 |

Drinks

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| Cooroy Water 600ml | 2.00 |
| Cooroy Water 1Ltr Pop Top | 3.00 |
| Waterfords Lite & Fruity Mineral Water 475ml | 3.00 |
| Supa Essential Juice 350ml | 3.50 |
| Juicee Crush 250ml | 1.50 |
| Powerade 600ml | 4.50 |
| Orchy Smoothie 350ml (Mango/Passionfruit) | 3.50 |
| Glee 250ml | 2.50 |
| Norco Plain Milk 300ml/500ml | 1.50/2.50 |
| FM Flavoured Milk 300ml (Chocolate/Strawberry) | 3.00 |
| FM Flavoured Milk 500ml (Chocolate/Strawberry) | 4.00 |
| Real Milk 500ml (Chocolate/Caramel Latte/Coffee) | 4.00 |
| Norco MB Milk 440ml (Chocolate/Strawberry) | 4.00 |

Ice Creams

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| Zooper Dooper | 0.50 |
| Bulla Frozen Yoghurt (Mango/Wildberry) | 3.00 |
| Frosty Fruit – Tropical | 2.00 |
| Icy Pole (Raspberry/Lemonade) | 1.50 |
| Billabong (Rainbow/Chocolate) | 2.00 |
| Milo Scoop Shake | 3.00 |
| Calippo | 1.50 |

Canteen Convenor – Jo McGivern Ph 55037857

Students may place orders at the canteen before school and morning tea.

Online orders can be made at Flexischools.com.au before 9am

Please Request special Dietary requirements