



2026 RUGBY LEAGUE CONSENT BOOKLET

Instructions

- It is compulsory for all rugby league students and parents to view this booklet.
- Carefully read each section to understand student/parent obligations relating to each topic.
- **Completed consent form and return to school administration or ccow18@eq.edu.au**
- Consent must be given before any form of rugby league participation can occur.

TRAININGS

Training Information

Training sessions will be conducted on school grounds. Student attendance at training sessions will be collected and used for selection purposes.

Training sessions will consist of a variety of activities including but not limited to;

- Field training
- Indoor training
- Strength & conditioning training (Gym)
- Video sessions

Training times and days are at the discretion of the coach and can be subject to change due to timetable availability. More information regarding training sessions will be communicated via email and social media.

Field Training Acknowledgement

Field training sessions will involve full contact rugby league drills and games. Rugby league is a medium/high risk activity in which accidental injury may occur. Students must wear a mouth guard and are recommended to use their own PPE such as headgear and shoulder pads during training sessions.

Gym Session Acknowledgement

Strength and Conditioning training involves a wide range of exercises developed to build a variety of skills with a focus on rugby league improvement. These activities may be dangerous if not properly taught or supervised. Students will conduct an induction before participating. Teachers have relevant knowledge and accreditation to supervise S&C sessions.

COMPETITIVE GAMES



Competition Information

Nerang State High School participates in many competitions during the school year. The primary competition is the Titans School League within Term 1 & 2. Other competitions include SEQ gala days.

Other competitive (friendly) games may be organised at the discretion of the coaches and may be outside the general competitions.

Further information and competition draws will be communicated via email and social media.

- Competitive rugby league is a high risk activity that is likely to cause serious injury. Students must wear a mouth guard and are recommended to use their own PPE such as headgear and shoulderpads.
- Students will participate in an induction where correct tackle technique is taught and demonstrated.
- Students may be exposed to biological hazards such as sweat, blood or saliva while participating in competitive rugby league.
- Students may be exposed to environmental hazards such as weather, sun and humidity while participating in competitive rugby league.
- Students will be exposed to physical contact which may cause breaks, sprains, cuts, grazes and concussion while participating in competitive rugby league.
- Students may be exposed to physical exertion such as exhaustion and fatigue while participating in competitive rugby league.

PLAYER CODE OF CONDUCT

Player Code of Conduct Extract

Students who participate within the game of rugby league are to abide by the NRL's Player Code of Conduct at all times. The code of conduct ensures that all participants are safe while participating in the game of rugby league.

Students must abide by the following:

- Be a good sport. Respect all good play whether from your team or the opposition and shake hands with, and thank, the opposition players and officials after the game – win, lose or draw.
- Participate for your own enjoyment and benefit.
- Always respect the Referee's decision.
- Never become involved in acts of foul play.

- Honour both the spirit and letter of the competition rules and live up to the highest ideals of ethics and sportsmanship; avoid gamesmanship, and respect the traditions of the game.
- Never engage in disrespectful conduct of any sort including profanity, sledging, obscene gestures, offensive remarks, trash-talking, taunting or other actions that are demeaning to other players, officials or supporters.
- Care for and respect the facilities and equipment made available to you during training and competition.
- Safeguard your health; don't use any illegal or unhealthy substances.
- Recognise that many Officials, Coaches and Referees are Volunteers who give up their time to provide their services. Treat them with the utmost respect.
- Do not bet or otherwise financially speculate, directly or indirectly, on the outcome or any other aspect of a Rugby League match or competition in which you are involved.

[Code of Conduct](#)

SPECTATOR CODE OF CONDUCT



Spectator Code of Conduct Extract

Parents/Guardians who are in attendance for any activity within the game of rugby league are to abide by the NRL's Spectator Code of Conduct at all times. The code of conduct ensures that all participants are safe while participating in the game of rugby league.

Spectators must abide by the following:

- Condemn all violent or illegal acts, whether they are by players, coaches, officials, parents or spectators.
- Respect the Referee's decisions – don't complain or argue about decisions during or after a game.
- Behave! Unsportsmanlike language, harassment or aggressive behaviour will not be tolerated.
- Encourage players to play by the rules and to respect opposition players and officials.
- Never ridicule or scorn a player for making a mistake – respect their efforts.
- Understand that sport is part of a total life experience, and the benefits of involvement go far beyond the final score of a game.
- Participate in positive cheering that encourages the players in the team you are supporting; do not engage in any cheering that taunts or intimidates opponents, their fans or officials.
- Remember that all participants are involved in the game of Rugby League for their own enjoyment, not yours!
- At all times, follow the directions of the Ground Manager and/or other duty officials.
- Never arrive at a Junior League game under the influence of alcohol, never bring alcohol to a Junior League game and only drink alcohol, if it is available, in a responsible manner in the designated licensed area.

[Code of Conduct](#)

MOUTH GUARD POLICY



Mouth Guard Information

The Department of Education Curriculum Activity Risk Assessment (CARA) guidelines **mandate** that mouthguards are compulsory for students wishing to participate in Rugby League.

The Department of Education strongly recommends that students wear custom-fitted mouthguards. Parents/Carers are requested to refer to the Australian Dental Association in order to make an informed choice about the different types of available mouthguards.

If a student is unable to wear a mouthguard for medical reasons, then a signed medical clearance certificate is required prior to participating in Rugby League.

Nerang State High School will be strictly enforcing this policy. No mouthguard, no play.

CONCUSSION POLICY

Concussion Information

Rugby League is a high risk activity with possibility of concussion. Concussion is a traumatic brain injury which can affect athletes at all levels of sport. It is classed as a disturbance in brain function, resulting from an impact anywhere on the body that transmits force to the brain. Complications can occur if a player continues playing or returns to play before they have fully recovered from a concussion.

Therefore, a player who is suspected of having a concussion must be taken out of the game or training session immediately. The player may not return to games or training (even if they seem fully recovered) until they have been assessed by a medical practitioner.

- In the period following a concussion the player will not be permitted to train or play until they have been assessed by a medical practitioner.
- A Graduated Return to Play Program may be followed to manage the return of the player.

More information about concussion and the NRL guidelines to manage concussion can be found [HERE](#).

TEAM SELECTION POLICY



Team Selection Policy

Due to increased popularity of rugby league at Nerang State High School, a team selection policy has been developed to ensure consistency, access and fairness of team selection. The team selection policy also ensures high standards are maintained. Team selection is at the discretion of the respective coaching staff for each team. Factors that influence a coaches team selection are as follows:

- a) **Training attendance** – Students who fail to attend regular training sessions may not be selected within their respective team.
- b) **Student OneSchool Behaviour Record** – Students who's OneSchool record are excessive (in the opinion of coaching staff) may not be selected within their respective team.
- c) **Student Academic Reporting** (behaviour & effort) – Students who's behaviour and effort fall below satisfactory may not be selected within their respective team.
- d) **School Disciplinary Absences** (suspension) – A student who is serving a disciplinary absence will not be selected within their respective team if the game falls within the duration of their suspension.
- e) **Student Ability/Experience** – Coaching staff must consider student ability and experience when selecting a team. A student may not be selected if it is of the coaches opinion that the students current knowledge of the sport and ability may cause a potential risk to student safety.

*Coaching staff reserve the right to select their team as they deem necessary.

*Coaching staff reserve the right to unselect students from their team upon their professional opinion based on the factors outlined above.

OFF CAMPUS ACTIVITY & EXCURSIONS



Off Campus Activity & Excursions

Rugby League is an extra-curricular sport at Nerang State High School and is subject to a variety of excursions and off campus activities.

All excursion and off campus activities will be communicated to parents/caeres via an official student letter. The student letter will provide relevant information about the activity, such as;

- Venues
- Types of activities
- Duration
- Transport
- Accomodation
- Cost

To reduce the number of parental/carer consent forms needed during the year, the following consent will be used for all activities that are of "High Risk" or lower.